Key Learning Experiences

When you’re in an interview and you’re asked some behavioural questions, it can be tough to think of an answer right on the spot! One way to minimize the stress of having to answer these questions is to think of some answers beforehand.

In this document, you have the opportunity to think of some key experiences in your life that can be applied to an interview. It can be a positive or negative experience (but try and keep it on the positive side) and could have taken place anywhere – but the experiences you’ve had and what you’ve taken away from them can reveal a lot about you to an employer.

For an example, let’s say you had a disagreement with a coworker you were partnered up with to get a big project done. You would write about the background context, the actions you took (maybe sitting down and having a discussion with them), the outcome of the discussion, and what this situation taught you about communicating with coworkers to get the job done. You could say that this experience taught you how to deal with coworkers in a calm, respectable manner while still getting the project done, which can be applied to any work environment.

Now it’s your turn! Try to think of at least 3 examples of key learning experiences. If you can think of more than 3, just copy and paste the tables to make more of them.

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| What was the learning experience? |  |
| Describe the background context (i.e., where you were, what you were doing) |  |
| What sorts of tasks/actions did you have to perform during this time?  |  |
| What was the outcome of the situation? Were you successful? Why or why not? |  |
| What did the situation teach you about yourself and your skills? How can it be transferred to future situations? |  |
| How can this learning experience apply to this current job? |  |

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